

Example Emerald Meal Plan: Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Social House at TJ 6.35	Farmers Choice Breakfast Sono 6.30	Chocolate Croissant Miner Brew 4.20	Breakfast Tacos Sono 3.80	Spinach, Egg, & Cheddar Sandwich Miner Break 5.49	-	Social House at TJ Brunch 10.70
Lunch	-	Vegetable Pakora Chaat Chaot House 6.99	-	-	Veggie Pizza Build 6.49	Dragon Fruit Mango Smoothie Botrista Drink 5.00	-
Dinner	Meatball & Cheese Sub Bishop Ave Subs 6.49	-	Italian Sub Bishop Ave Subs 7.99	Roll Entree Chaot House 7.99	-	-	-
Totals	12.84	13.29	12.19	11.79	11.98	5.00	10.70



Dining Services

Week Total: 77.79

Example Emerald Meal Plan: Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	-	Breakfast Burrito Sono 3.80	Bacon, Egg, & Cheese Croissant Miner Brew 5.49	Spicy Breakfast Burrito Miner Break 5.49	Bagel w/ Cream Cheese Einstein's 4.18	-	-
Lunch	Turkey Burger Burger 573 6.39	Pepperoni Pizza Build 6.90	Bowl Chaat House 7.99	Turkey & Cheddar Sanwich Bishop Ave Sub 6.49	-	-	Miner Club Bishop Ave Subs 7.99
Dinner	Dragon Fruit Strawberry Lemonade Botrista Drink 5.00	Burger Combo Burger 573 9.04	-	-	Pepperoni Pizza Bagel Einstein's 6.79	Buffalo Chicken Sandwich Bishop Ave Sub 7.49	
Totals	11.39	19.74	13.48	11.98	10.97	7.49	7.99



Dining Services

Week Total: 78.00

Example Emerald Meal Plan: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast Sandwich Sono 3.80	Social House at TJ 6.35	Blueberry Muffin Miner Break 2.69	Breakfast Tacos Sono 3.80	Cinnamon Roll Miner Brew 4.55	Bagel w/ Cream Cheese Einstein's 4.18	Social House at TJ Brunch 10.70
Lunch	Greens Entree Chaat House 7.99	-	Baked Pasta Build 8.95	-	Nachos Sono 4.89	-	-
Dinner	-	Burrito Sono 7.15	Chicken & Pesto Sub Bishop Ave Subs 6.49	8ct Nugget Meal Chick-fil-A 9.79	-	-	-
Totals	11.79	13.50	18.13	13.59	9.44	4.18	10.70



Dining Services

Week Total: 81.33